

Support Resources for Students and Staff

May 25 marks one year from George Floyd's 2020 murder

As we approach the one-year anniversary of George Floyd's May 25, 2020 murder, UC San Diego has made the following resources and tools available for students and staff to utilize. Below, you will find helpful contact information, processing space, community support, counseling information, links to educational materials, and more.

Processing Space

A processing space will be held for students to join in discussion and community on the one-year anniversary of George Floyd's murder. The space will be co-led by Student Affairs Case Management staff, Ana Bowens and Jacqui Tejada.

Event: One Year Later: George Floyd Processing Space

Date/ time: May 25, 2021 from 6 - 7 p.m.

Zoom Link: <https://ucsd.zoom.us/j/99123385773>

Deans of Student Affairs

Students are encouraged to contact their respective Dean of Student Affairs for support. The Deans can help to arrange temporary leaves of absence, reach out to professors, and connect students with campus and community resources. A list of Deans and their contact information is included below:

Undergraduate Colleges

Eleanor Roosevelt College	Ashton Cleveland	acleveland@ucsd.edu
Muir College	Jason Thibodeaux	jjthibodeaux@ucsd.edu
Revelle College	Sherry Mallory	smallory@ucsd.edu
Seventh College	Josh Brimmeier	jbrimmeier@ucsd.edu

Sixth College	Diane LeGree	dlegree@ucsd.edu
Thurgood Marshall College	Amber Vlasnik	avlasnik@ucsd.edu
Warren College	Kafele Khalfani	kkhalfani@ucsd.edu

Graduate Division

Assistant Dean	April Bjornsen	abjornsen@ucsd.edu
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Upcoming CAPS Community Support Forums

- **Outside the Box Forum**
Thursday, May 27 3:30-5 p.m. (Contact cathompson@ucsd.edu for Zoom link)
- **UC San Diego Black Women's Collective**
Thursday June 3, 3:30-5 p.m. (Register at tinyurl.com/SQBWC)

Mental Health Resources

- [Black Girls Smile](#) - Provides resources and support to Black women to lead mentally healthy lives.
- [Black Emotional and Mental Health Collective](#) - Collective to remove barriers that Black people experience getting access to or staying connected with emotional health care and healing.

Exploring Police Brutality

- [Police: Sixth leading cause of death for young Black men](#) - Article about police brutality and its effect on Black men.
- [The Black Record: Why we don't know how often police kill](#) - Article about police brutality that uses history to understand intersections with data.

Resources for Black and African American Students

- [Healing resources for Black and African-American Students](#)

- [Self Care for Black People Struggling from a Painful Week](#)

Resources for BIPOC (Black, Indigenous, People of Color)

- ["Racial Trauma Toolkit" for managing post trauma symptoms](#)

Resources for Non-Black People of Color

- [Non-Black People of Color need to Start Having Conversations about the Anti-Blackness in our Communities](#)
- [10 Ways I Have Perpetuated Anti-Blackness as a Non-Black POC \(and How I Intend to Do Better\)](#)

Resources for Allies

- [Healing resources for Black and African-American Students, as well as resources for allies.](#)
- [Anti-Racist Resources from Greater Good](#): Articles, podcasts, and more that explore our potential to reduce prejudice in society and in ourselves.
- [Resources to Support Anti-Racist Learning](#): Readings, practices, and other resources to support anti-racist educators.
- [Anti-Racism Resources](#): resource to white people and parents to deepen our anti-racism work. If you haven't engaged in anti-racism work in the past, this is how you can start now.
- [Scaffolded Anti-Racist Resources](#): This is a working document for scaffolding anti-racism resources. The goal is to facilitate growth for white folks to become allies, and eventually accomplices for anti-racist work.

Counseling and Psychological Services (CAPS)

In addition to the above, CAPS is always available for [counseling appointments](#), no-cost [daily drop-in workshops](#) and [group forums](#). International students may utilize [My Student Support Program](#), at any time that is convenient.

Creating Dialogue

- [Difficult Dialogues National Resource Center](#): The DDNRC's resources provide tools to engage in difficult conversations in the classroom and other settings.
- [Living Room Conversations](#): Provide a simple guide to begin to engage in conversations across topics of conversation such as race, nationality, gender, age, and more.
- [Talking About Race](#): The National Museum of African American History and Culture's Talking About Race guide may be helpful in preparing to navigate discussions about race and racism.