

LGBTQ COMMUNITY FORUM FOR GRADUATE AND PROFESSIONAL STUDENTS

// Thursdays from 4-5 PM weeks 3-10

This group is offered as a way to connect to your community, develop a sense of belonging, and have a general safe space to discuss relevant topics such as, but not limited to:

- Romantic, personal, digital, & professional relationships
- Queer topics in the academy & media
- Intersectionality & minority stress
- A sense of belonging during these strange times
- Coping with issues like imposter syndrome, career development, & finding meaning

The forum is for anyone who identifies as LGBTQ or an ally and is a graduate/professional student. We hope to see your pets online too!

This group is led by community members:



Tyler Hatchel, Ph.D. (he/him) a Post-doctoral Resident at Counseling and Psychological Services



Thomas Liu, B.A., a Graduate Student Well-Being Associate



José Delgado, B.S., a Graduate Student Well-Being Associate

To protect the integrity and commitment to community, this group will have a brief screening process. Please reach out to Tyler at thatchel@health.ucsd.edu for more information.

These meetings are not professional counseling. If you would like professional counseling or mental health treatment, please call the CAPS central office at (858) 534-3755 to arrange an appointment.